The menu of the day includes:, the day's special, dessert of the day and water, juice or millk (200 ml).

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Setember 5 to 8, 2023 October 2 to 6, 2023 April 30 to Nov. 3, 2023 Nov. 27 to Dec. 1, 2023 January 9 to 12, 2024 | Macaroni and Cheee Caeser Salad <br> Choice of dessert | Chicken Catalina Basmati Rice Green Beans <br> Choice of dessert | Hamburger steak, grilled onions, peas, carrots, mashed potatoes, gravy <br> Choice of dessert | Veal Parmesan Linguini and Vegetables <br> Choice of dessert | Pizza Green Salad Choice of Dessert |
| September 11 to 15, 2023 October 10 to 13, 2023 November 6 to 10, 2023 December 4 to 8, 2023 January 15 to 19, 2024 | Lasagna Caeser Salad Choice of dessert | Stroganoff beef, egg noodles <br> Choice of dessert | Shepherd's Pie Raw veggies and dip Choice of dessert | Butter Chicken, Naan Bread, <br> Grilled Cauliflower Basmati Rice <br> Choice of dessert | Burger (beef,chicken,vege) Macaroni Salad and coleslaw <br> Choice of Dessert |
| September 18 to 22, 2023 October 16 to 20, 2023 November 13 to 17, 2023 December 11 to 15, 2023 Januray 22 to 26, 2024 | Tortellinis Caeser Salad <br> Choice of dessert | Sweet \& Sour Pork Mashed Potatoes Peas/Carrots <br> Choice of dessert | Stuffed chicken, rice and coleslaw. <br> Choice of dessert | Swedish Meatballs Roasted Potatoes Green Beans <br> Choice of dessert | Pogos, coleslaw, chips Choice of Dessert |
| September 25 to 29, 2023 October 23 to 27, 2023 November 20 to 24, 2023 December 18 to 21, 2023 Jan. 29 to Feb. 2, 2024 | Ham and Broccoli Pasta Green Salad <br> Choice of dessert | Chili, Tortillas, Cheese , Sour Cream Choice of dessert | Fish stick, rice and raw veggies and dip <br> Choice of dessert | Eggrolls and chicken fried rice <br> Choice of dessert | Chicken Fingers Roasted Potatoes and Coleslaw <br> Choice of Dessert |

*Please note that the cafeteria will be closed on pedagogical days and half-days.

