

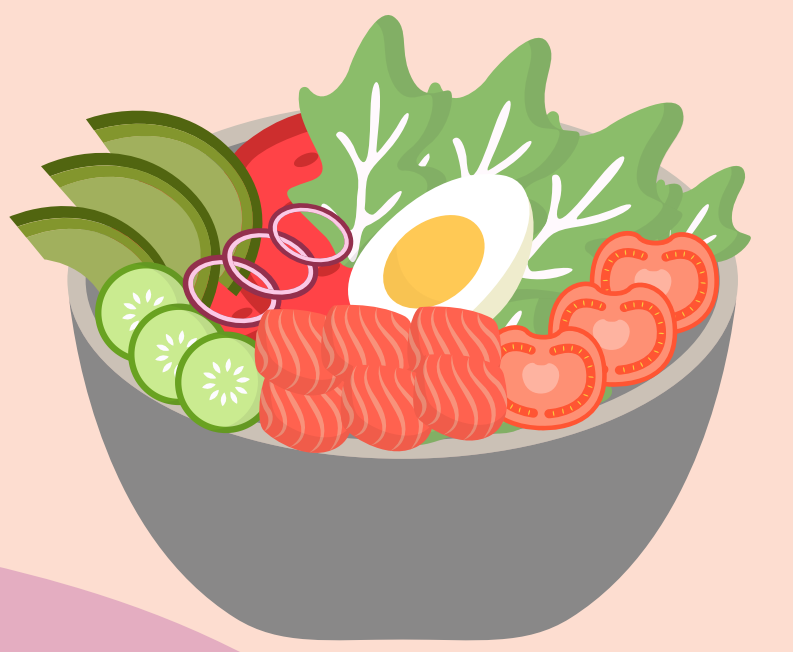
# High School : Interval Cafeteria 2025-2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>September 8 to 12 2025</b> <b>October 6 to 10 2025</b> <b>November 3 to 7 2025</b> <b>December 1 to 5 2025</b> <b>January 12 to 16 2026</b>	Macaroni and cheese Caesar salad	Catalina Chicken Basmati rice and green beans	Asian Beef Stirfry Rice and broccoli	Veal parmesan Linguine and vegetables	Pizza Green salad
<b>September 15 to 19 2025</b> <b>October 13 to 17 2025</b> <b>November 10 to 14 2025</b> <b>December 8 to 12 2025</b> <b>January 19 to 23 2026</b>	Lasagna Caesar salad	Chicken and vegetable couscous	Shepherd's pie Vegetables and dip	Butter chicken, naan bread, roasted cauliflower and basmati rice	Burgers Macaroni salad
<b>September 22 to 26 2025</b> <b>October 20 to 24 2025</b> <b>November 17 to 21 2025</b> <b>December 15 to 19 2025</b> <b>January 26 to 30 2026</b>	Tortellini Caesar salad	Stuffed chicken Rice and coleslaw	Vegetarian dumplings Asian inspired salad	Swedish meatballs Roasted potatoes and green beans	Poutine
<b>September 29 to October 3 2025</b> <b>October 27 to 31 2025</b> <b>November 24 to 28 2025</b> <b>January 5 to 9 2026</b> <b>February 2 to 6 2026</b>	Vol-au-vent pasta bake Caesar salad	Chili Tortillas, cheese and sour cream	Fish sticks Rice with vegetables and dip	Fried rice Spring rolls	Chicken fingers Roasted potatoes and coleslaw

**\*\*Please note that the cafeteria is closed on pedagogical days and half-days\*\***

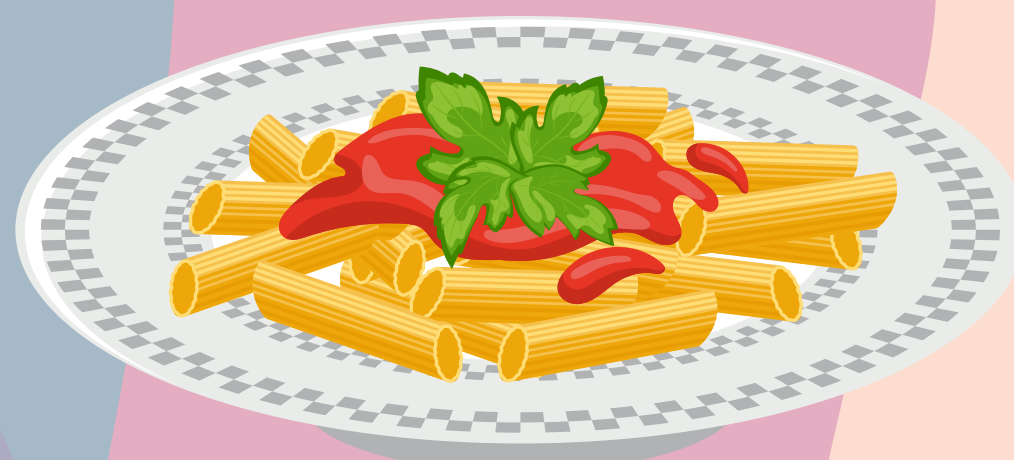
**Meal of the day (6\$)**

**Complete menu (9.00\$) : meal of the day, soup of the day, dessert, juice box or milk 200 ml or bubbly water**



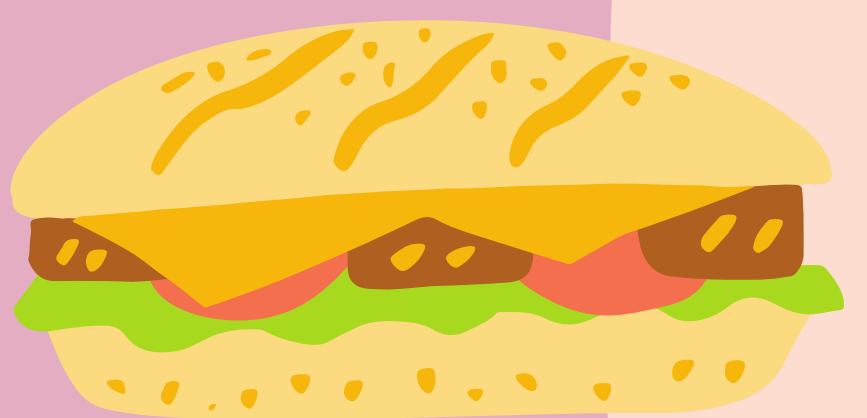
**Salads**

**7.75\$**



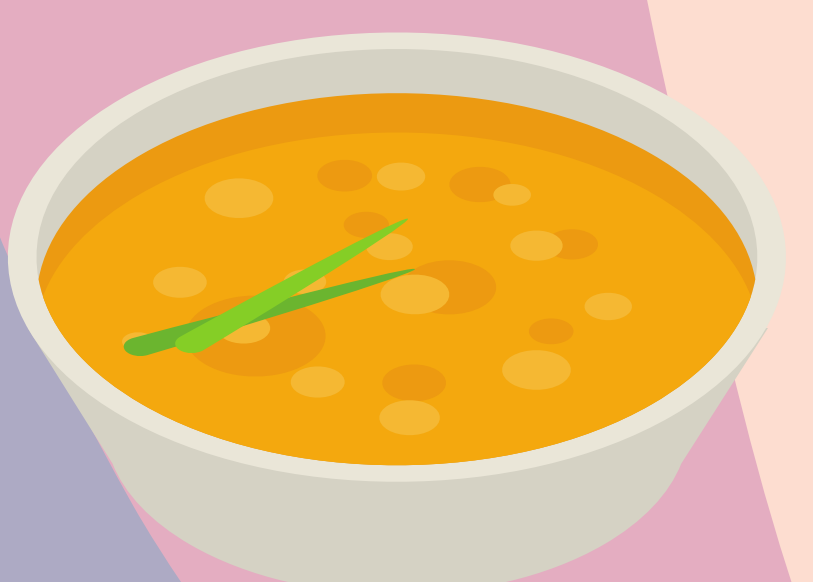
**Pasta**

**6\$**



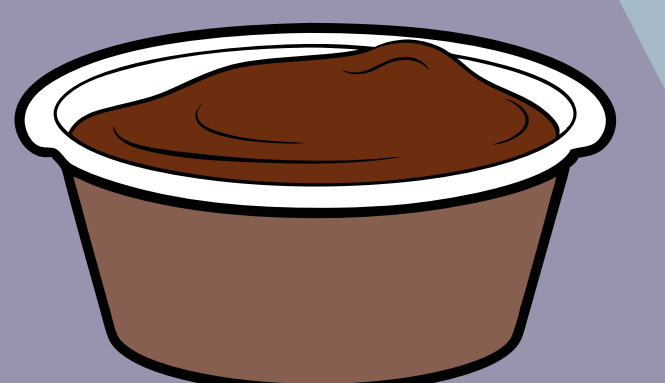
**Paninis**

**6\$**



**Soup**

**1.75\$\$**



**Dessert**

**1.50\$**



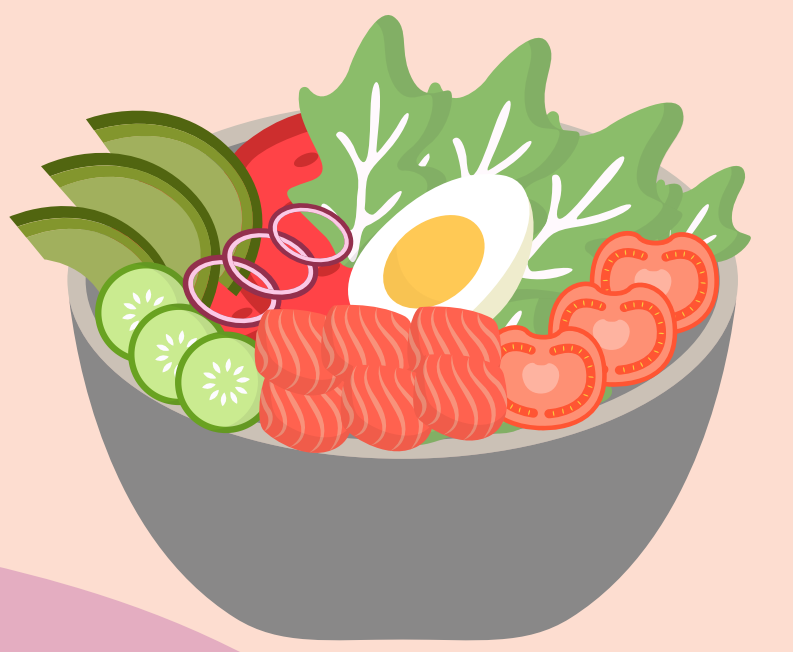
# High School : Interval Cafeteria 2025-2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>February 10 to 13 2026</b> <b>March 16 to 20 2026</b> <b>April 13 to 17 2026</b> <b>May 11 to 15 2026</b>	Macaroni and cheese Caesar salad	Catalina Chicken Basmati rice and green beans	Asian Beef Stirfry Rice and broccoli	Veal parmesan Linguine and vegetables	Pizza Green salad
<b>February 16 to 20 2026</b> <b>March 23 to 27 2026</b> <b>April 20 to 24 2026</b> <b>May 18 to 22 2026</b>	Lasagna Caesar salad	Chicken and vegetable couscous	Shepherd's pie Vegetables and dip	Butter chicken, naan bread, roasted cauliflower and basmati rice	Burgers Macaroni salad
<b>February 23 to 27 2026</b> <b>March 30 to April 3 2026</b> <b>April 27 to May 1 2026</b> <b>May 25 to 29 2026</b>	Tortellini Caesar salad	Stuffed chicken Rice and coleslaw	Vegetarian dumplings Asian inspired salad	Swedish meatballs Roasted potatoes and green beans	Poutine
<b>March 9 to 13 2026</b> <b>April 6 to 10 2026</b> <b>May 4 to 8 2026</b> <b>June 1 to 5 2026</b>	Vol-au-vent pasta bake Caesar salad	Chili Tortillas, cheese and sour cream	Fish sticks Rice with vegetables and dip	Fried rice Spring rolls	Chicken fingers Roasted potatoes and coleslaw

**\*\*Please note that the cafeteria is closed on pedagogical days and half-days\*\***

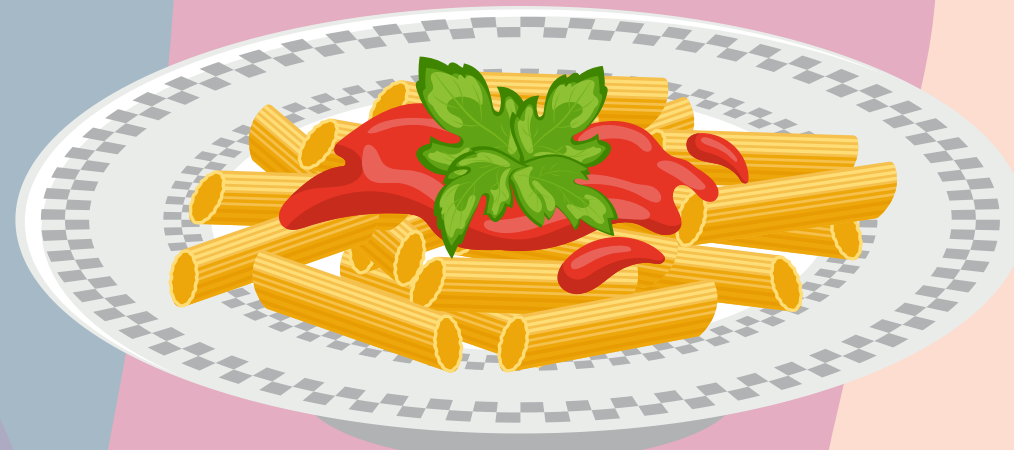
**Meal of the day (6\$)**

**Complete menu (9,00\$) : meal of the day, soup of the day, dessert, juice box or milk 200 ml or bubbly water**



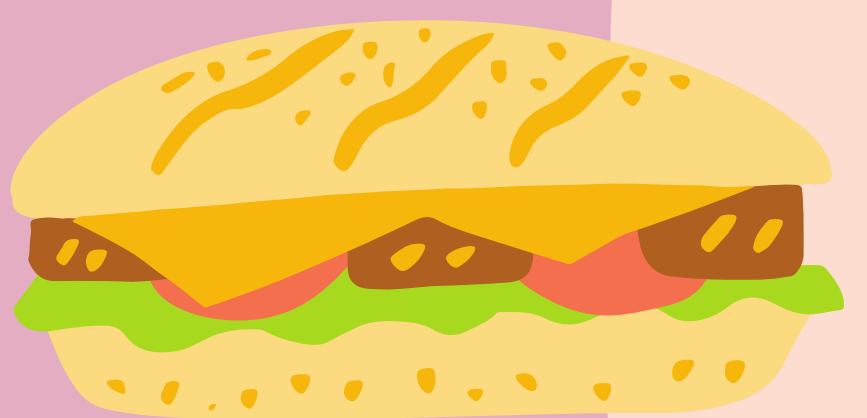
**Salads**

**7.75\$**



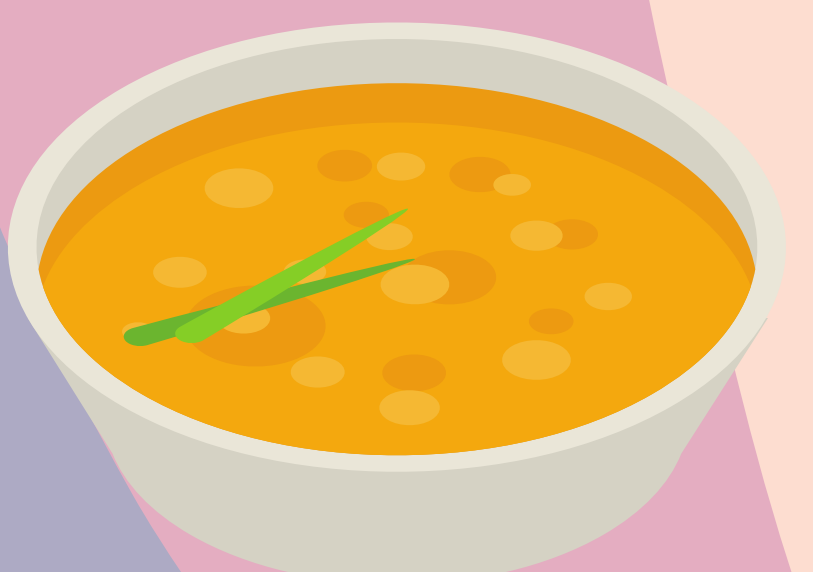
**Pasta**

**6\$**



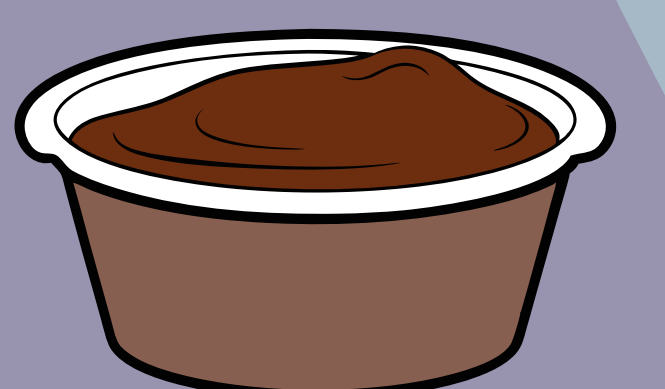
**Paninis**

**6\$**



**Soup**

**1.75\$**



**Dessert**

**1.50\$**